



## MEMBERSHIP FORM

*Your opportunity to work with your community*

3a Stapleton Avenue  
Sutherland NSW 2232

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Post code: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

### **My interest in Orana**

**(Please see over for a full list of our activities - membership discounts apply )**

- Socially connected
- Special interest groups
- Information forums
- Support Groups
- Local Events
- Volunteering
- Adult Learning classes
- Community interest working groups
- Orana "Contact" magazine subscription
- Joining the Orana Management Board

### **Membership ship costs are as listed**

Standard membership      \$25.00

Concessional membership      \$15.00

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#### **Office use only**

Payment \_\_\_\_\_ Date \_\_\_\_\_ Date entered \_\_\_\_\_

Signature \_\_\_\_\_ Name \_\_\_\_\_

# Orana - On-going Activities

## **General and Social Group**

Knitting groups  
Women's Book club  
Blokes Book club  
General Book club  
French Intermediate  
Australian History  
World Religion  
Family History  
Writing Haven  
Foodies Group  
Games morning  
Mah-jong  
Ukulele  
Weekly activities social group

## **Arts/Crafts**

Card making  
Quilling  
Decorative Art  
Needle craft  
Dressmaking/pattern making  
Crocheting  
Embroidery  
Sewing  
Beaded Jewellery  
Hooks and Needles  
Teddy Bears  
Cross stich  
Candlewicking/Embroidery  
Tapestry  
Dolls' Bears and Angels  
Baby Embroidery  
Patchwork  
Folk Art

## **Active Groups**

Tai Chi  
Line dancing beginners  
Line dancing advanced  
Golden Zumba  
Walking group

## **Other**

Live Well groups  
Eco-Lifestyle talk group – alternate retirement living  
Breakfast club and Food pantry for socially isolated/financially disadvantaged  
Community "Contact" monthly information publication  
Diabetic needle disposal  
Psychologist  
Emergency relief financial aid

## **Volunteering opportunities**

Reception/Office work  
Goods collection  
Breakfast/ Food service  
Weekly Home visiting – family support  
Student placements  
Facilitating social groups  
Management Board  
Teaching/Skills development  
Organising events  
Other\_\_\_\_\_

## **Support Groups**

Grandparents support group  
COPAC – Challenges of Parenting Adult Children (mental health/drugs alcohol issues) support group  
Live Well Support/social groups

## **Events**

Reclaim the Night  
Family Fun Picnic Day  
Easter egg hunt  
Harmony Day BBQ

For more information and enrolment details please phone 9521 8280